



Classroom Case Study

PROFILE

Hygiene Elementary is a public school serving 300 kindergarten to fifth-grade students in the St. Vrain Valley School District in Longmont, Colorado. St. Vrain Schools is the seventh-largest district in Colorado with 57 campuses and programs spread over 411 square miles.



Suzannah Evans, Project Lead
Blended Technology Leader
and First-Grade Teacher

Suzannah Evans has more than 14 years of instructional experience. She has a master's degree in physical education.

“With packed academic schedules, it is essential to use movement not only to enforce learning but also to give kids a much-needed break!”

– Suzannah Evans

Students Learn Fundamental Concepts Through Meaningful Movement

Challenge

Research has shown the impacts of movement-based learning on academic performance and behavior, so when educators at St. Vrain Valley Schools were offered a pilot of the Walkabouts Platform, they jumped right in.

Solution

Fully aware of the research and science behind moving while learning, Suzannah Evans discovered that the Walkabouts Platform allowed her to incorporate physical activity into her classroom routine without sacrificing instructional time. Evans enjoyed the ease of use and how, in just a few clicks, she could play a standards-based Walkabouts lesson to complement her existing lesson plans.

Outcomes

Students in Evans' classrooms have a renewed enthusiasm for learning when Walkabouts lessons are used, approximately two times per week. Evans also utilizes Walksheets (worksheets with a movement component) to either extend the learning or reteach a concept. With easily accessible, standards-based material already created, Walksheets help her prepare for early finishers.

The Walkabouts Platform, a web-based kinesthetic learning solution for pre-K to 5th grade students, boosts engagement and retention through short, movement-rich lessons that activate the elementary curriculum.

Learn more at [walkabouts.com](https://www.walkabouts.com).