



WALKABOUTS PLATFORM™

FOR PARENTS AND GUARDIANS

What Is the Walkabouts Platform?

The Walkabouts Platform, a web-based, whole-child active learning solution, brings movement into everyday classroom and homeschool instruction. With pre-K to 5th grade lessons correlated to state and national standards, educators can seamlessly integrate physical activity and mental fitness into math, ELA, reading, science, social studies, financial literacy, and test preparation—helping children learn better and feel better. The platform includes Walkabouts for pre-K to 2nd grade, 180s for 3rd to 5th grades, Worksheets (PDF worksheets with a movement component) for pre-K to 5th grade, and Moves for pre-K to 5th grade. Because the platform can be used by students both at home and at school, the platform can also be used for enrichment during school breaks.

What Do Educators Say?

**Samantha
Forester
(MN)**

“Walkabouts, along with Worksheets, help improve learning and behavior.”

**Jennifer
Brown
(VA)**

“By doing our regular Walkabouts in the different subjects, I’ve seen improvement. If we do it more than once, the more students grasp it, the more confident they become in their ability to understand a topic.”

**Julie
Greer
(SC)**

“Walkabouts actually help a lot with classroom management.”

Read testimonials: walkabouts.com/testimonials

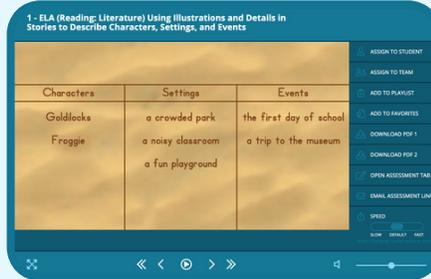
Read case studies: walkabouts.com/about/case-studies



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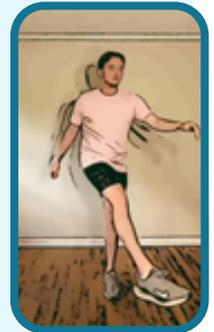
Walkabouts (Pre-K to 2nd Grade)

Walkabouts are web-based, multisensory lessons for Pre-K to 5th grade students that are correlated to language arts, reading, and math standards.



180s (3rd to 5th Grade)

Around 180 seconds in length, the lessons integrate full-body gamification for fun, sports-related and outdoor activities.



Worksheets (Pre-K to 5th Grade)

These worksheets with a movement component are correlated to Pre-K through 5th grade standards and cover language arts, reading, math, science, social studies, character education, test prep, financial literacy, and resiliency.

Name _____

Comparing Attributes of Four Objects
Color the correct answer.

Which one is the heaviest in the real world?

Which one is the longest?

Warm Up: Let's Move!
Find a friend in the classroom. Lift your knees as you walk to your friend. Now, stand back to back and compare your heights. Who is taller? Who is shorter?

Name _____

Scrambled States

Look at the outline of each state. Unscramble the letters in the state's name. Then, spell each state's name. Next, write each state's capital with its name.

| State Shape | Scrambled State Name | State Name and State Capital |
|-------------|----------------------|------------------------------|
| | giriavn | |
| | iimsruos | |
| | wcsinions | |

Warm Up: Get Moving!
Lunge as you spell the name of your state.

Warm Up: Get Moving!
Lunge as you spell the name of your state.