



Classroom Case Study

PROFILE

FIT Academy is a kindergarten to 12th grade public charter school in Apple Valley, Minnesota. Serving close to 400 students, the school purposefully integrates Fitness and Health, Intellectual Development, and Teamwork and Character into the educational experience of its students.



Taylor Elasky

Second-Grade Teacher
FIT Academy

Taylor Elasky teaches second grade at FIT Academy in Apple Valley, MN. She has been teaching for seven years and has also taught kindergarten and third grade.

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– Taylor Elasky

Walkabouts Are Intuitive for Teachers and Engaging and Fun for Students

Goals

An important part of the mission at FIT Academy is to incorporate movement into lessons and instructional activities. When the Walkabouts Platform was introduced to the FIT Academy teachers at the beginning of the school year, Taylor Elasky thought it would be a great platform to use to integrate movement into the learning process without compromising instructional time.

Outcomes

Elasky focuses on ELA Walkabouts lessons in the beginning of the day and uses math lessons after lunch. She says the math lessons are “immediately engaging for that time of day,” as the students get settled back into the classroom.

The Walkabouts Platform, a web-based kinesthetic learning solution for pre-K to 5th grade students, boosts engagement and retention through short, movement-rich lessons that activate the elementary curriculum.

Learn more at [walkabouts.com](https://www.walkabouts.com).



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At the end of the school year, Elasky uses Walkabouts lessons as spiral review. She says the lessons are a great tool “to review the material from the beginning of the year to see if they remember the concepts.” Some of her favorite lessons for her second-grade students have been on irregular spellings and vowel sounds. “The students participate and engage with the characters in a fun way—they don’t even realize they are learning concepts that I’ve been teaching them.” Elasky is also a big fan of Walksheets (worksheets with a movement component). She says her students love starting with the movement activity at the top of the worksheets. “The Walksheets are easy to understand and are not overwhelming for the students. They contain enough questions to see if a student has mastered a concept but not too many that it becomes busy work.”

As a second-grade teacher, one of the features that she appreciates most about the platform is that she is not limited to second-grade content. She can access first-grade content to use with students who may need a review of previously taught material.

Elasky also sees behavior management benefits to using the Walkabouts Platform with her students. “My students encourage each other when they are playing Walkabouts, and the platform reinforces when they are doing things right, so the positive feedback is great.” She says the movement-based activities also provide a quick and informal assessment of who understands the content and who may need a little more help.

Recommendations

Elasky says she knows a couple of other teachers at her school have been using the Walkabouts Platform, and she plans to recommend it for next year for those who have not used it yet. One reason she recommends the platform is that it requires no teacher preparation because it is intuitive and easy to use.