

When Students Move, Learning Sticks

The Power of Kinesthetic Learning in the Classroom

What is kinesthetic learning?



Physical Activity & Tactile Experiences

- ✓ Kinesthetic learners understand ideas by doing.
- ✓ They thrive on movement and hands-on experiences.



Engage the Whole Brain

When students move, they create stronger neural pathways, helping abstract concepts become concrete.

More than a Brain Break

Kinesthetic learning is a proven way to boost engagement and long-term retention.



Make Learning More Meaningful

Use kinesthetic strategies in any classroom to make learning more active and more meaningful.

