



WALKABOUTS PLATFORM™

IN THE SPECIAL EDUCATION CLASSROOM

Walkabouts Platform Benefits Special Education Students

The Walkabouts Platform benefits special education and neurodiverse learners, both academically and socially.

- The platform provides an engaging, creative alternative for students with both IEPs and 504 plans.
- Digital and print materials integrate physical activity with academic content to meet students' individual needs.

The Walkabouts Platform is perfect for multi-grade classrooms because teachers can access the platform's entire pre-K to 5th grade content. For teachers who use multiple strategies to introduce and reinforce content, the Walkabouts Platform uniquely offers lessons that incorporate physical activity, benefitting both the body and the mind.

A Special Education Teacher's Implementation

Brooke Malachowski, a special education teacher in South Carolina, does not use a set curriculum in her classroom. Instead, her students' IEPs guide the teaching and learning. She reports that for her students, participating in Walkabouts Platform lessons:

- Reinforces body control
- Increases academic achievement, particularly in math
- Models social awareness skills such as interacting with and communicating with others

Malachowski notes, "A lot of my students have autism, so they need that social awareness."

Alternative Movement Guide

A subscription to the Walkabouts Platform includes access to our Alternative Movement Guide which offers modified movements for students who cannot or do not feel comfortable completing the prescribed movements. Modifications should be offered to all students who need them, not just those with a disability.



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What a Special Education Teacher Says

Brooke
Malachowski
(SC)

“For special ed, Walkabouts is amazing for getting the students active and engaged.”

Brooke
Malachowski
(SC)

“Walkabouts has a lot of great resources and covers many different topics. In my class, I have different grade levels, so I use the resources through all of the grade levels. Walkabouts gets students excited for learning.”

What Teachers Report

Teachers who use the Walkabouts Platform with their students report:

- Reduced behavior problems
- Improved focus and attention
- Increased academic achievement
- Improved social awareness skills

Scenes from Walkabouts and 180s

