



Classroom Case Study

PROFILE

Riverdale Elementary School is a public school in Southampton County, Virginia, and serves 500 students in pre-kindergarten to 5th grade.



Kaci Keech

First-Grade Teacher
Riverdale Elementary

Kaci Keech is a first-grade teacher with 21 years of instructional experience.

“With Whole Brain Teaching, we use a lot of movements. That’s really where [Walkabouts] fits in for me ... I [can] use the Walkabouts movements, ... and it keeps it consistent when we return to that topic later.”

“For teachers who are considering [the Walkabouts Platform], it’s definitely worth giving it a try. You’ll get more out of it than just something for your kids to get up and move to.”

– Kaci Keech

Spatial Awareness and Learning Loss After Remote Learning

Challenge

Like other schools across the country, Riverdale Elementary faced strict COVID-19 restrictions as its students returned to in-person learning. Southampton County Public Schools looked for in-person resources to reacclimate their students to life in the classroom. First grade teacher, Kaci Keech, observed her students struggling with the spacing restrictions that required three to six feet of space between students because they had never experienced a classroom setting. On a personal level, Keech wanted a resource to support her as she utilized the Whole Brain Teaching model with her first graders.

The Walkabouts Platform, a web-based kinesthetic learning solution for pre-K to 5th grade students, boosts engagement and retention through short, movement-rich lessons that activate the elementary curriculum.

Learn more at [walkabouts.com](https://www.walkabouts.com).



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Solution

After hearing about the lessons and accompanying Worksheets (worksheets with a movement component), Keech decided to jump right in with the Walkabouts Platform. She noted that Walkabouts lessons consistently matched the Whole Brain approach. Additionally, she saw her students using the digital resources they had become accustomed to while also creating spatial awareness with movement.

Outcomes

Students in Keech's classroom are using Walkabouts movements to learn new concepts and make up for learning lost during the pandemic. Keech uses both grade-level and kindergarten Walkabouts lessons in her classroom to meet the academic and physical needs of her students. And, her students love it!

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