



## Classroom Case Study

### PROFILE

Hygiene Elementary is a K-5 public school serving 300 students in the St. Vrain Valley School District in Longmont, Colorado. St. Vrain Schools is the seventh-largest district in Colorado with 57 campuses and programs spread over 411 square miles.



**Suzannah Evans, Project Lead**  
Blended Technology Leader  
and First Grade Teacher

Suzannah Evans has more than 14 years of instructional experience. She has a master's degree in physical education.

**"With packed academic schedules, it is essential to use movement not only to enforce learning but also to give kids a much-needed break!"**

**– Suzannah Evans**

### Students Learn Fundamental Concepts Through Meaningful Movement

#### Challenge

Research has shown the impacts of movement-based learning on academic performance and behavior, so when educators at St. Vrain Valley Schools were offered a pilot of the Walkabouts platform, they jumped right in.

#### Solution

Fully aware of the research and science behind moving while learning, Suzannah Evans discovered Walkabouts allowed her to incorporate physical activity into her classroom routine without sacrificing instructional time. Evans enjoyed the ease of use and how, in just a few clicks, she could play a standards-based Walkabout to complement her existing lesson plans.

#### Outcomes

Students in Evans' classrooms have a renewed enthusiasm for learning when Walkabouts are used, approximately two times per week. The creation of each lesson takes less than a minute. Evans also utilizes Walksheets, printable worksheets, to either extend the learning or reteach a concept. With easily accessible, standards-based material already created, Walkabouts help her prepare for early finishers.

The Walkabouts platform, an on-demand, online platform for pre-K to 5<sup>th</sup> grade students, activates elementary curriculum with short, movement-rich lessons.

Learn more at [walkabouts.com](https://www.walkabouts.com).